

Name _____ **Experience Self Evaluation**

Date _____

This form also available as a PDF download at:
<http://www.uwplatt.edu/~meinhard/selfevaluation.pdf>

Year in School

What are my strengths?

What do I need to work on?

If I could have the ultimate job right now (Regardless of training etc) what would it be?

How do I plan to get there?

Who do I need to help me?

What other resources will I need to obtain my ultimate job?

What are the obstacles?

How will I overcome them?

How long will it take?

College Communications Involvement

<u>✓</u>	<u>Dates</u>	<u>Organization</u>	<u>Activities/Responsibilities</u>
<input type="checkbox"/>	_____	WSUP	_____
<input type="checkbox"/>	_____	TV-5	_____
<input type="checkbox"/>	_____	TV-14	_____
<input type="checkbox"/>	_____	Exponent	_____
<input type="checkbox"/>	_____	Southwest Graphics	_____
<input type="checkbox"/>	_____	Labyrinth	_____
<input type="checkbox"/>	_____	Public Relations	_____
<input type="checkbox"/>	_____	Telethon	_____
<input type="checkbox"/>	_____	Other	_____

I Have:

- | | | |
|---|--|--|
| <input type="checkbox"/> Shot Still Photos | <input type="checkbox"/> Developed Film | <input type="checkbox"/> Managed Others |
| <input type="checkbox"/> Used Video Camera | <input type="checkbox"/> Edited Video Tape | <input type="checkbox"/> Done Budgeting |
| <input type="checkbox"/> Written Stories/Copy | <input type="checkbox"/> Edited Stories | <input type="checkbox"/> Worked as a Technician |
| <input type="checkbox"/> Done Voice Work | <input type="checkbox"/> Edited Audio | <input type="checkbox"/> Done Lighting |
| <input type="checkbox"/> Done Layout | <input type="checkbox"/> Been Talent | <input type="checkbox"/> Designed Print Campaign |
| <input type="checkbox"/> Sold Advertising | <input type="checkbox"/> Other _____ | <input type="checkbox"/> Other _____ |



Pre-Professional Development

- Attended the following conferences: _____
- I have _____ # of Names in my professional Database/business card file
- I have personally contacted _____ Professionals
- I read/subscribe to the following trade Magazines: _____
- Date of my First INTERNSHIP was (will be) _____
 Company Name _____
 My Responsibilities _____
- Date of my 2nd INTERNSHIP was (will be) _____
 Company Name _____
 My Responsibilities _____

If I had the opportunity to interview for my ultimate job tomorrow, I have the following ready in a professional manner:

- I have a proof read, up to date Resume
- I have at least 3 References (who have given their permission)
- I have a had a Practice Interview
- I have a done Research on the company
- I have _____ Letters of Recommendation
- I have _____ Samples of my Writing
- I have _____ Samples of my Imaging Work
- I have _____ Samples of my Lay Out Work
- I have _____ Audio Tape samples of my Skills
- I have _____ Video Tape samples of my Skills
- I have _____ Samples of my Sales Work
- I have _____ Samples of my Leadership/Management skills
- I have _____ Samples of Public Relations Skills

Where will I be in 6 months?

Where will I be in 12 months?

Where will I be in 5 Years?

To be better prepared for the future I will need to: