Student Health Committee  
October 3rd, 2013  
12:00pm - 12:50pm  
Student Center – Computer Conference Center  

Members Present: Dierdre Dalsing, Tim Deis, Richard Dhyanchand, Vickie Dreessens, Liz Horning, Ahyoung Kim, Colleen McCabe, Kim Nolan, Linda Mulroy-Bowden, Todd Riley, Machelle Schroeder, Brenda Sunderdance, Judy Wurtzler  

Minutes from the April 10th meeting were reviewed. Minutes were already approved via email April 2013.

- Vickie Dreessens gave the Student Health Services Report  
  o In September, the number of students who used the facilities had jumped by 65 students from last year at this time.  
  o All the flu shots allotted for our campus were used up in one week. The Clinic is on a waiting list to get more shots. The slowdown is a result of the government shutdown.  
  o Student Health Services has an updated webpage. On the site students can access a site called “Student Health 101”. It has health information pertinent to the student population. As a part of this site activities can be advertised. Activities must be posted by the 10th of the month for it to be on the site the next month.  
  o A survey was sent out to RA’s asking them to evaluate the training they received in August on the Student Health Services.  
  o Gerry Sertle is the nurse practitioner who is providing mental health appointments for students. Ms. Sertle’s primary responsibilities are at Southwest hospital and the university is paying the hospital to allow her to work part-time on campus. She is being kept very busy.  
  o The five primary care issues that we attempt to address with each are: Tobacco use, Alcohol, Immunization, Mental Health and Obesity.

- Deirdre Dalsing gave the Counseling Services Report  
  o Counseling Services are moving over to electronic health records.  
  o The services are seeing a higher number of students from in the past but the addition of the new counselor from last year has helped with the new influx.  
  o Counseling Services are in the process of running the “Stamp Out Stigma” campaign. It advertises that having a mental health issue is not something to be embarrassed about.  
  o Staff and students are encouraged to attend “Yoga Mindfulness” It is offered in Bridgeway commons on Thursday s from 4-5.

- Brenda Sunderdance gave the Services for Students with Disabilities (SSWD) Report:  
  o SSWD has made big changes in staff this past year. They have two new counselors; Kim Nolan and Kate Link and a new program assistant; Christine Wunderlin.  
  o A pilot project is occurring between SSWD and the School of Education. Students from SSWD and the School of Education are being matched up. The partnership is geared to helping the students from SSWD and giving experience to the students from the School of Education.  
  o SSWD is in the process of updating their web pages.

- Linda Mulroy-Bowden gave the Residence Life Report:  
  o The residents of Bridgeway Commons are all committed to living a healthy life style. It is the focus of the residence hall.  
  o In the past two years, 1000 beds have been added to campus. (That’s A Lot!!)

- Colleen McCabe will forward electronic resources to the committee. These are the Score Mental Health Survey and the Drug Education Resource Media Kit. She also mentioned the Oh SNAP program open to students and staff. It involves conversations on alcohol and drug abuse.

Meeting adjourned at 12:45pm