1. Approval of minutes of meeting from December 7\textsuperscript{th} (Thanks Scott!)
2. Family Planning Waiver update
3. Emergency Preparedness follow-up
4. Student Health Services User survey currently being collected
5. SHS assessment results to SAF Directors
6. Scooters for students with temporary disabilities
7. Upcoming events
   a. Relationships PSC – February 14\textsuperscript{th}
   b. Eating Disorders - Brown Bag Lunch – February 28\textsuperscript{th}
   c. Wellness Fair - spring break theme – March 7\textsuperscript{th}
8. Letter to Student Dining (See attached letter)
9. Follow up from other areas, counseling, etc.

10. The next scheduled meeting is April 12\textsuperscript{th} 2006.
The meeting began at 12:15 PM. Present were Todd Riley, Deirdre Dalsing, Mary Lenzi, Kimberly Tuescher, Vickie Dreesens, Cindi Freymiller, LeAnn Leahy, Machelle Schroeder, Tim Deis and Scott White. Also present was Cheryl Cushman.

Scott White agreed to be secretary for this meeting.

Kimberly Tuescher moved, with Vickie Dreesens as second, to approve the minutes of the Nov. 3 meeting. The motion carried.

Vickie Dreesens reported on several items of interest for Student Health Services (SHS). SHS planned to offer a flu clinic this semester but cancelled it because Grant County Health Services was not able to obtain a sufficient amount of vaccine. This caused some anxiety for students and parents. Students were referred to private providers such as Medical Associates. SHS plans to obtain its own vaccine next year to avoid cancelling the program.

SHS is offering a family planning program. There are 236 women enrolled in the program. The program is generating revenue. SHS earned $2500 in reimbursement income for the billings that have been received for part of the month of September. There will be more reimbursements paid at a later date.

Vicki Dreesens discussed a plan for dealing with a major illness with the Risk Management office. In the event of a major health problem, UWP would need to work with the Grant County Emergency Preparedness offices. Vickie will meet with Tom Pritchett, Risk Management Officer, on Jan. 11, 2006. Members of the committee are invited to attend. Tim Deis will send a reminder concerning that meeting.

SHS offered a smoking cessation program. There were only two students who participated. The estimates are that about 18% of our students smoke.

The committee is invited to the SHS open house on Dec. 14 from 11:00 – 1:00 PM.

Deidre Dalsing reported Counseling Services is servicing a large number of students with stress-related concerns. This includes several reports of students cutting themselves. A group of students in Wilgus Hall seems to have engaged in this cutting behavior, perhaps in a copycat-type of response. This is placing a great deal of stress on RAs who must deal with these students.

Deidre noted the campus does have a large number of students with serious mental health issues. They may be able to function in class, but often have difficulties in other parts of their lives.

Counselor Services completed a student survey to identify any needed services. The information is being analyzed for further study.

Tim Dies said he had placed a request in the Intercom asking for suggestions regarding student health. He did not receive any comments or suggestions in response to the notice.

Tim reminded the committee of our letter last spring regarding the nutritional options for lunch packages at the Pioneer Student Center. We had suggested giving students the option to substitute fruit, milk and juice for french fries and pop in value meals. The committee discussed this issue and the consensus was for Tim to update our earlier letter and send it to Mick Viney, Jim Mueller and Joie Schoonover. Scott White suggested adding the Student Center Advisory Committee too, but that committee was one of the recipients of the original letter.

The meeting adjourned at 12:41 PM.

Submitted by:

Scott A. White
To: Mick Viney, Assistant Chancellor for Student Affairs  
Jim Mueller, Director of Dining Services  
JoEllen Schoonover, Associate Director of Dining Services

From: Tim Deis, Faculty Chair of Student Health Care Committee

Date: Wednesday February 8th 2006

Re: Support for Student Request to Allow Healthy Food Alternatives When Purchasing Value Meals

The Student Health Care Committee is charged with identifying and responding to issues on campus that may impact the physical and mental health of our students.

Last year this committee had been made aware of an issue that was raised at a Student Center Advisory Committee meeting. This issue pertained to allowing a student to include a healthy alternative when purchasing a value meal. If a student wants to drink milk instead of a fountain drink with their value meal, they are charged more because of that “replacement”. The same goes for replacing chips or the cookie, with an apple or orange.

The Student Health Care Committee sent a letter in support of this request. No action was taken on this it and students are still charged extra money for choosing healthy alternatives. Our committee understands the financial restraints that exist in feeding thousands of individuals, quality meals each day. But we would encourage the University to take whatever steps are necessary to insure that cost does not interfere with a student’s choice or desire to “eat healthy”. There must be a solution to this situation that would allow the student to make the healthy choice without being penalized for it.

The committee still supports this request 100% and would like to have the dining services revisit this issue. The committee would appreciate a response in regards to whatever steps can be taken to alleviate this situation. The Student Health Care Committee recognizes the value of promoting healthy eating and appreciates the opportunity to advocate for the students of UW-Platteville.