HEALTH AND HUMAN PERFORMANCE
PREREQUISITE FLOW CHART
PHYSICAL EDUCATION MAJOR- EMPHASIS IN HEALTH PROMOTION

Intro to
Physical Education and Health Promotion
PE-2320

Lifetime Activities
PE-3330 (Fall only)

Essentials of Anatomy & Physiology
BIO-2340 or BIO-2140

Physiology of Exercise
PE-3020
(Dept consent required)

Injury Prevention/
Treatment
PE-4520

START ADMISSION PROCESS
(Refer to “Health Promotion Undergraduate Portfolio Project Guidelines”)

Kinesiology
PE-3720
(Dept consent required)

Advanced Athletic
Training
PE-4620 (Fall only)

Fitness Evaluation
PE-3360
(Take 3360 & 3380 same semester)

Fitness Programming & Prescription
PE-3380
(Take 3360 & 3380 same semester)

COMPLETED ADMISSION TO HEALTH PROMOTION
(Refer to “Health Promotion Undergraduate Portfolio Project Guidelines”)

Health Education
PE-2030

METHODS IN TEACHING HEALTH EDUCATION
PE-3500-01
(Fall only)
(waive prereq
Adm to S of Ed)

Health Promotion Seminar
PE-4410
(Spring only)

Prin of Strength and Conditioning
PE-3250
(Spring only)
(Take class after completed Admission to Health Prom)

Level 1 Internship
PE-4850

LEVEL 2 Internship
PE-4860

Exercise Among the Maturing Adult
PE-3240 (Fall only)
(Take class after completed Admission to Health Prom)

Health Education Seminar
PE-4410
(Spring only)

Level 3 Internship (off-campus)
PE-4870
(Refer to “Health Promotion Undergraduate Portfolio Project Guidelines” and “Internship Handbook” for requirements)

Revised 7/5/13